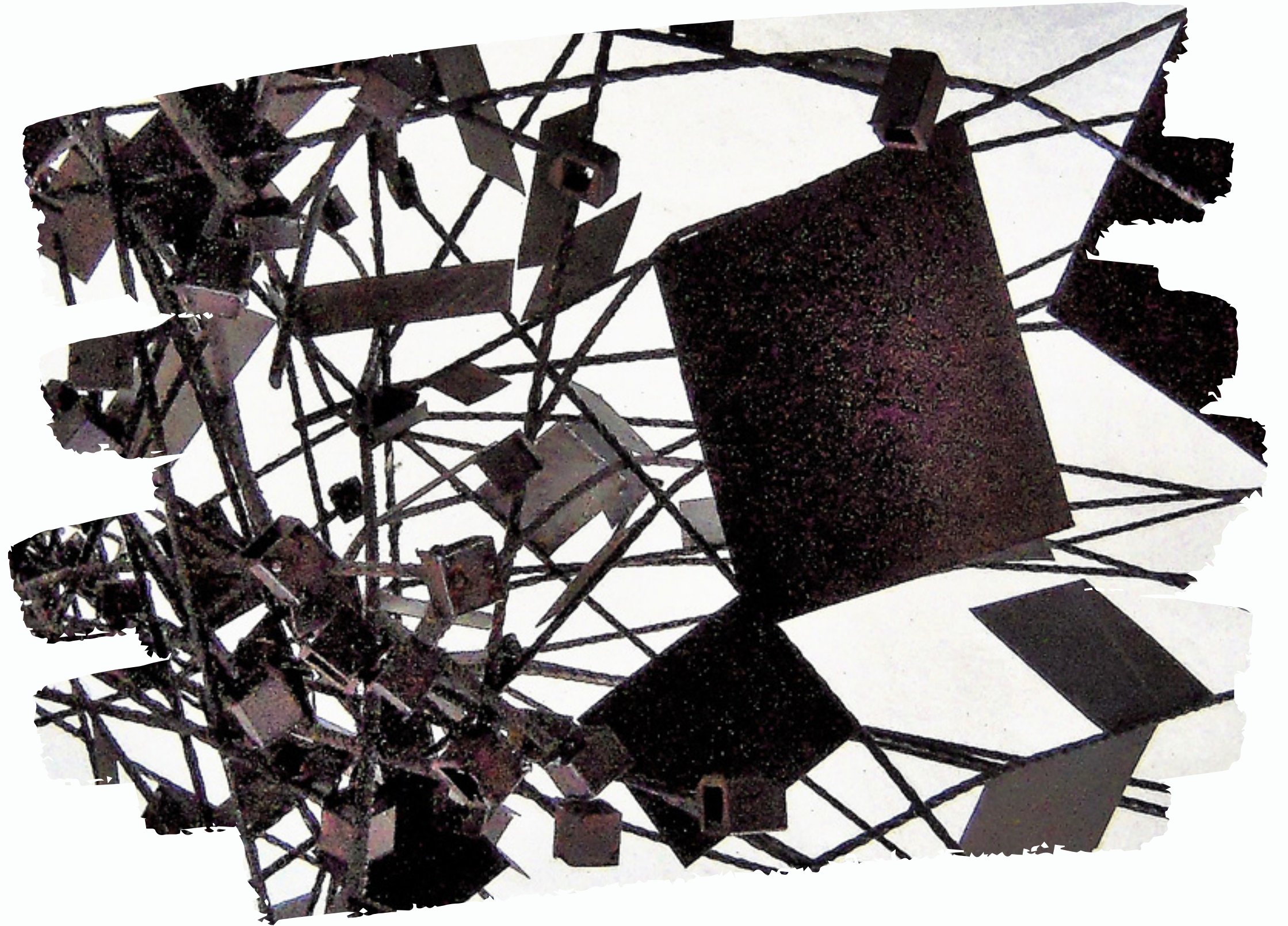


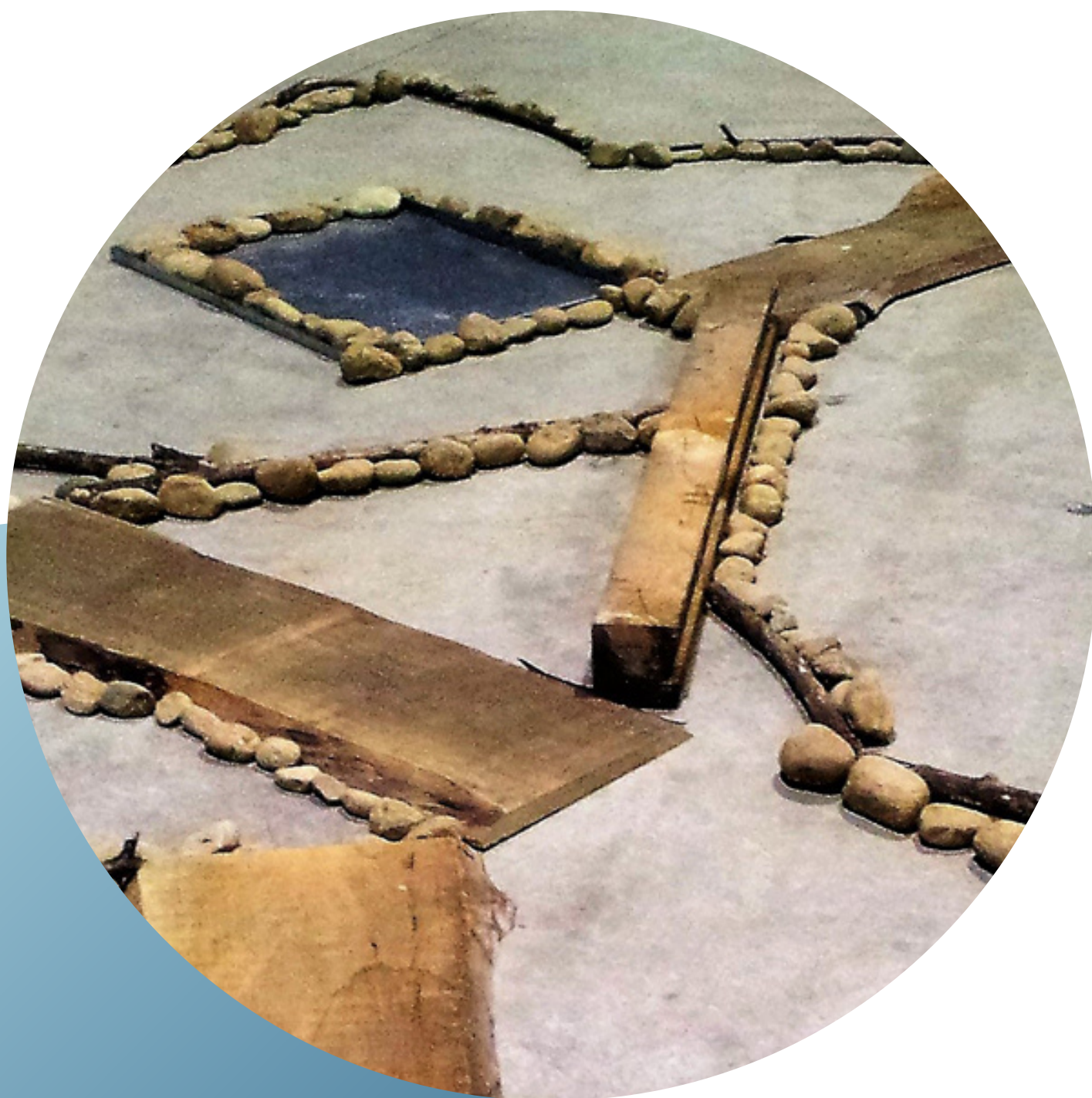
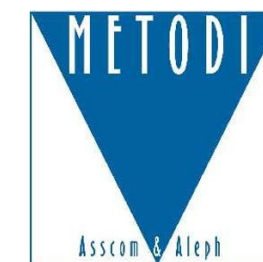


Metodi

Asscom&Aleph

A B O U T U S





About us

METODI Asscom & Aleph is an independent organization **founded in 1985** operating throughout **Italy**. For more than thirty-five years, we have been working with **public administrations, businesses, third sector entities and local communities** to promote **quality of life, innovation** and **social cohesion** through **participatory and cooperative methodologies**. We carry out training, consulting, supervision and action-research in the fields of organizational development and community welfare.

What we do



01

Training

We build training paths aimed at developing and enhancing the skills of individuals, groups and organizations

02

Consulting and supervision

We support teams and working groups in improving their operational action

03

Action-research

We build knowledge-action pathways with the direct engagement of the involved stakeholders

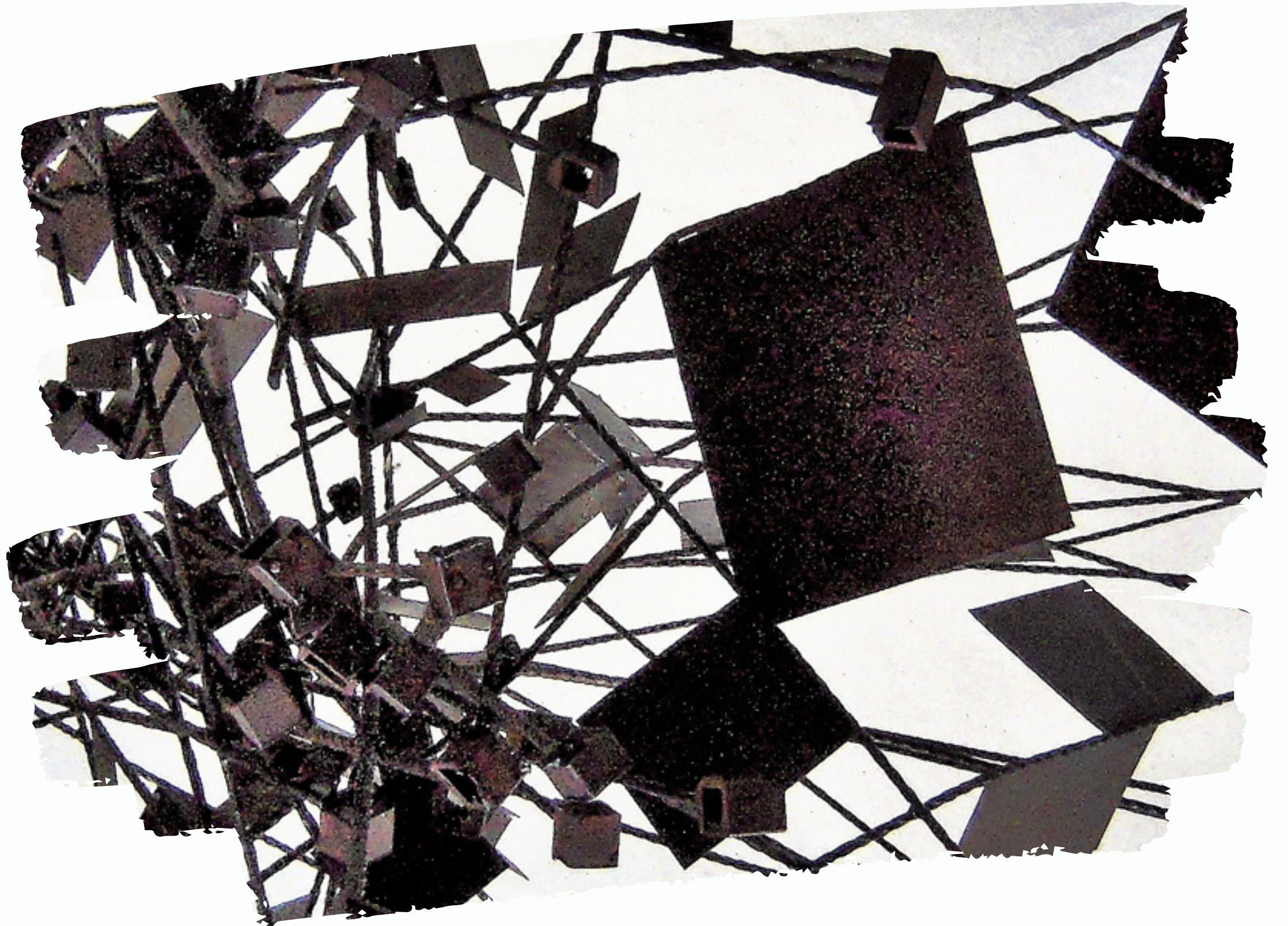
Pathways are tailored based on a careful **analysis of training needs**. In the implementation of the activities we favor active and cooperative methodologies based on the **direct involvement of participants and the enhancement of the experience of individuals, groups and organizations**.

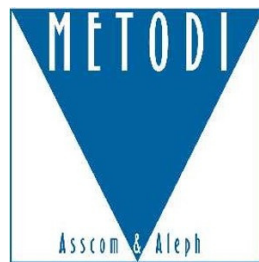
Through counseling and supervision we facilitate the **elaboration of the points of view and of the lived experiences of the different members of a working group**, in order to deepen their understanding and refine intervention strategies.

We carry out pathways of **study and analysis of social problems** and contexts by **facilitating a constructive dialogue between professional knowledge and 'knowledge through experience'**, in order to produce positive changes in the lives of the people and groups involved in the intervention.



**Some of our
current and/or
recent projects**





RECENT PROJECT

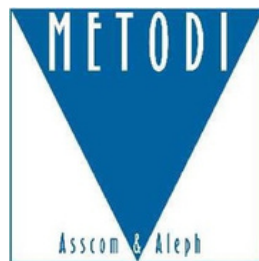
INTERCULTURAL COMMUNITY DEVELOPMENT APPROACH AND PRACTICES: A RESEARCH

Client: ActionAid

Departing from a collaboration existing with Action Aid Italy, Metodi developed a research to explore the **practices of the intercultural community development approach**. We started from exploring the practices and experiences of community development carried out by social workers, operators or volunteers that work with people who have a migration background, involving entities that operate in the Milan area and more broadly in Lombardy. The aim was to map them and **outline a framework that could orient any further projects** starting from the identification of best practices.

The research later focused on the **skills that educators and operators working in intercultural contexts** need to have or develop. The dual objective was therefore to illuminate how and to what extent the community development approach is used by third sector workers operating in intercultural contexts, as well as to identify the practical knowledge they need to implement or strengthen, in order to carry out development projects with greater awareness and using adequate tools.





TRAINING COURSES

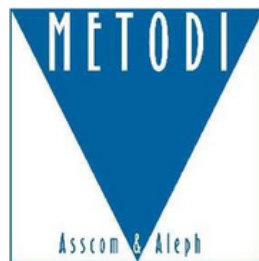
COMMUNITY DEVELOPMENT SCHOOL

Methods and tools for local work and social cohesion

For **21 years** Metodi has implemented a **one-year training program** on the topic of **community development**. Over the past two decades the program has welcomed educators, priests, business graduates, artists, psychologists, social workers, doctors, nurses, anthropologists, architects working on urban regeneration projects and students from a variety of disciplines. By using **structured exercises, simulations, role playing and case studies** we cover the following topics:

- **paradigms** of community development
- getting to know, engaging and **activating stakeholders** in their contexts
- **building interventions**, programs and services in a **participatory way**
- networking and **Partnership Design**
- activating and **facilitating** social and professional **groups**
- group and **community dynamics**
- managing and **transforming conflicts**
- developing communities by **regenerating urban and digital spaces**
- community development through **art and culture**
- **evaluating** processes and outcomes **collaboratively**





CURRENT PROJECT

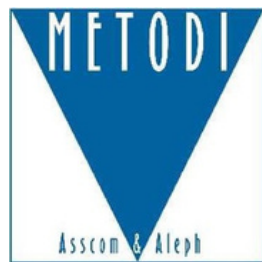
PLAN FOR PATHOLOGICAL GAMBLING PREVENTION

Client: local healthcare service

Metodi has been cooperating with local healthcare services (Health Protection Agency) in order to support a network of projects carried out by not for profit and public administrations with the goal to prevent pathological gambling in the local context. The projects are spread across **three different settings: school, workplace, and community**, and they are not strictly related to pathological gambling prevention but also have more **general health promotion aims**. In particular, within this project our role deals with:

- supporting the **capacity building of project designers** in designing and implementing evidence-based activities
- supporting the reflection on the topic of **health equity**, also by using **cooperative and interactive methodologies** (e.g. future search)
- promoting the **exchange of good practices** among the different actors involved
- **monitoring and evaluating** the projects annually
- promoting the exchange of good practices on the topic of life skills training and **wellness promotion among teachers** of different schools





CURRENT PROJECT

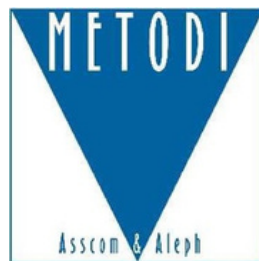
ANTI-TRAFFICKING NETWORK

National Observatory

In recent years, in addition to the already well-known spread of human trafficking for **sexual exploitation**, there has been a gradual increase in trafficking for **labor exploitation in Italy**. This second phenomenon sees a **substantial number of men exploited as workers particularly in the agricultural sector**.

The health emergency caused by the Covid-19 pandemic, among other things, had an impact on boosting the **role of technologies in the phenomenon of trafficking**; at the same time, there has been a growing awareness on the part of **social and educational workers that they need to improve their digital skills both to counter criminal networks, and to develop prevention paths** and accompany territories in raising awareness of the problem. Metodi has been involved in developing training modules dedicated to anti-trafficking operators in the Veneto, Lombardy and Trentino regions, to help them acquire the skills needed for **using technologies for the social inclusion of victims**.





CURRENT PROJECT

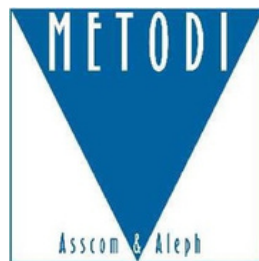
CITY FOR CARE

Client: local healthcare service

Within this international cooperation EU project, as subcontractors of the local Health Protection Agency:

- we interviewed the local stakeholders dealing with the wellbeing of people over 65 years old of age in order to **map the current initiatives aimed at improving their quality of life**
- we engaged people over 65 years old of age using the methodology of **photovoice**, in order to learn about their **needs**, and with them we built an exhibition on the topic of **wellbeing in elderly people**
- we then **discussed with different actors about potential initiatives to foster over 65 people wellbeing** within the local context
- we **trained teachers** of catering schools on how to transfer knowledge about healthy eating to their students in an interactive way





TRAINING COURSES

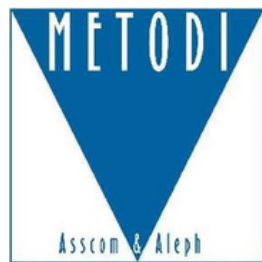
ALIENS

Advanced training course aimed at operators working with adolescents

A translation from the core-module of this course follows:

*Through **song lyrics, musical fragments and videos** we will **explore the experience of today's adolescents: the change of family educational models, the pervasiveness of the digital dimension, the constant sense of precariousness, the "society of performance."** We will delve into how all this is affecting the growth of young people of the new generations, and how they themselves are undergoing-resisting-reacting to this situation. On the practice front, we will discuss **how to set up educational settings and training that are functional for today's adolescents**, with a particular attention to those who are in situations of fragility and distress. Useful elements will be presented to imagine settings which are **suitable to support adolescents with strong experiences of anxiety, social or school phobia, or engaging in destructive and self-destructive acts.** To this end, we will be inspired precisely by the **tools of "existential resistance"** that younger people already put into action. An educational look at contemporary emotional suffering of the youngest that can complement the clinical one will be proposed, based on a strong creativity, sensitivity and imagination and on a strong social stance.*





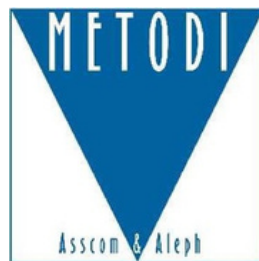
CURRENT PROJECT

SAKIDO

In patnership with social cooperatives and schools, financed by a private foundation

We are carrying out an action-research project on the topic of **social withdrawal during adolescence** in a city nearby Milan. We interviewed representatives of local services and members of the local community, and we supported school teachers in conducting as co-researchers a part of the research within their schools. We then met with the different stakeholders engaged to share with them the research's results and to **brainstorm ideas on how the local community can be helpful in preventing and contrasting the phenomenon of social withdrawal in adolescence**, by using the methodology of **world cafè**. We will now start the action phase, in which we mean to implement - together with schools, community representatives, youth and their families - some of the ideas which were co-created.





RECENT PROJECT

DIGI-EDUCATED

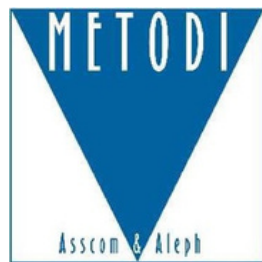
In partnership with a social cooperatives, financed by private foundations

The DigEducati project, located in the province of Bergamo, is part of an initiative co-financed by Fondazione Cariplo and Impresa Sociale Con I Bambini to combat educational poverty and the digital divide in the region of Lombardy.

The project, implemented by a partnership led by the Fondazione della Comunità Bergamasca Onlus, **aims to make new physical and virtual services available to citizens (starting with the very young) to support the use of digital resources**, with the aim of increasing digital skills in the region and **reducing the gap in access** to these resources.

Metodi conducted a training course on territorial and virtual community work for librarians and school teachers of the province of Bergamo, aimed at developing skills related to community-based social work, with a particular focus on **community technology, media education skills and the community mentor**.





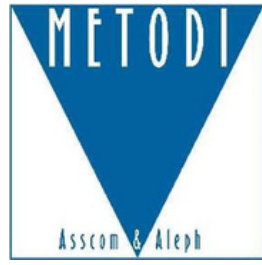
CURRENT PROJECT

CUSTELL-ACTIONS

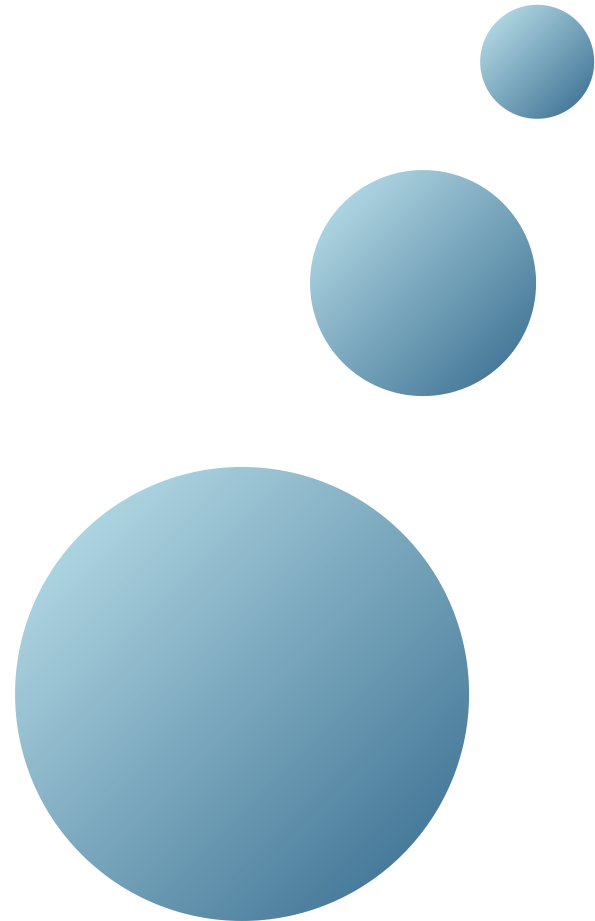
In partnership with a social cooperatives and schools, financed by a private foundation

Metodi trained and mentored a group of **educators as community workers**. The community worker is a figure under construction, which is not limited to working with children-including through after-school paths-but is also involved in facilitating community processes. Specifically, the community educators started with the use of the tool of **community profiles**; through interviews, they listened to different actors in the area (associations, significant citizens...), in order to **better understand the needs and resources with respect to the target group of boys aged 11 to 15 in the neighborhoods of interest**. Secondly, they conducted a meeting where these needs were shared with the various local realities through the use of a map. At the moment Metodi is facilitating the writing of a **Community Educational Pact**, which is a **written agreement between local authorities, public and private institutions operating in the area, third sector entities and schools to promote and strengthen collaboration between schools and the entire community**.

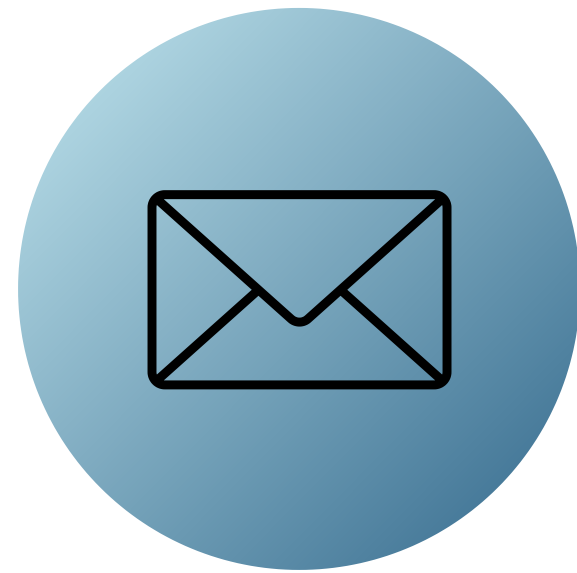




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